



**September 2010****FERNLEY SENIOR CENTER****MENU**

1170 Newlands Drive (775) 575-3370

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
DAS # 46 Wed. DAS # 56 Fri.	<b>*This Calendar is subject to change without notice.</b>		<b>1 Lasagna</b> Chopped Spinach Italian Dressing Garlic Bread Fresh Orange	<b>2 Labor Day BBQ Ribs</b> Baked Beans Green Salad/ Dressing Roll/ Margarine Mixed Fruit Salad/ Ice Cream	<b>3 Tuna Casserole</b> Herb Vegetable Medley Sliced Tomatoes/ Italian Dressing WW Bread/ Margarine Apple Date Bar/ Apple Butter	<b>4</b>
<b>5</b>  DAS # 34 Tues.	<b>6</b>  <b>Center Closed for Labor Day</b>	<b>7 Sloppy Joe/ Bun</b> Baked Beans Baby Carrots Fruit Cocktail	<b>8 Hot Turkey Sandwich/ Bread</b> Mashed Potatoes, Gravy Cuc/ Onion/ Tom, Salad Blushing Pears	<b>9 Ham</b> Scalloped Potatoes Green Beans WW Roll/ Margarine Banana Cookie	<b>10 Stuffed Peppers</b> Mixed Green Salad Spinach Pasta Garlic Bread Nectarine	<b>11</b> 
<b>12</b>  DAS # 55 Wed. DAS # 62 Fri.	<b>13 Garlic Herb Chicken</b> Stewed Tomatoes Baked Potatoes/ Sour Cream, Margarine Strawberry Short Cake	<b>14 Potato Corn Chowder</b> Grilled Cheese Sandwich, Orange Spinach Salad Tropical Fruit Cup	<b>15 Beef Tacos</b> Mexi Corn Ranch Beans Orange Rice Pudding	<b>16 Baked Omelet w/ Ham &amp; Cheese, BB Muffin/ Margarine, Fresh Fruit</b> O.J. V-8 Juice <b>9:00am-10:00am</b> <b>Center Closed After Breakfast</b>	<b>17 Lentil Soup Tuna Sandwich</b> Carrot Raisin Salad Fresh Apple	<b>18</b>
<b>19</b> 	<b>20 French Dip</b> Mixed Veggies Pasta Salad Apple Crisp	<b>21 Chicken &amp; Dumplings</b> Broccoli Peaches Gingerbread Cake/ Cool Whip	<b>22 Pizza</b> Green Beans/ Tomatoes Corn, Cake Peaches	<b>23 Lyon County Senior Picnic Dayton State Park</b> <b>11am – 1pm</b> <b>Senior Center Closed</b>	<b>24 Breaded Fish</b> Bun, Tater Tots Calif. Blend Vegetable Tarter Sauce Pears	<b>25</b>
<b>26</b> DAS # 13Thur.	<b>27 Spaghetti/ Meat Sauce</b> Cauliflower Veggie Salad, Garlic Bread, Orange	<b>28 Beef Stew</b> Corn Bread Coleslaw Applesauce	<b>29 Over 90's Birthday Baked Chicken</b> Mashed Potatoes/ Gravy	<b>30 Turkey Chili</b> Cornbread Mixed Green Salad Italian Dressing Ambrosia		

**Debby Stevens, Senior Center Manager****Hours of Operation:**

Monday - Thursday 7:00 am – 5:30 pm

Friday 7:30 am – 3:00 pm

**\$2.00 Suggested Donation**

Monday: Dinner Served 2:30 pm – 3:30 pm

Tuesday- Friday: Lunch Served 11:30 am – 12:30 pm