



August 2010**FERNLEY SENIOR CENTER****MENU**

1170 Newlands Drive (775) 575-3370

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 DAS #35 Wednesday	2 BBQ Chicken Broccoli Baked Beans Apricots WW Roll/ Margarine Vanilla Pudding	3 Ham and Swiss Casserole Carrots and Peas Mandarin Oranges/ Pineapple Chunks WW Roll/ Margarine	4 Black Bean Soup Chicken Salad Sandwich Cucumbers/ Sour Cream Tropical Fruit Cup	5 Macaroni & Cheese Zucchini, WW Bread Margarine Strawberry Banana Yogurt	6 Baked Fish Creole Yams Mixed Green Salad Dressing Cornbread/ Margarine Watermelon	7 *This Calendar is subject to change without notice.
8 DAS #19 Thursday	9 Stuffed Cabbage Casserole Mixed Veggies Spiced Pears WW Roll/ Margarine	10 Honey Mustard Chicken Carrots & Peas Apricots, Scalloped Potatoes, WW Roll/ Marg. Cookie	11 Roast Pork Mashed Potatoes/ Gravy, Green Beans Applesauce WW Bread/ Margarine	12 Beef Vegetable Soup Tuna Macaroni Salad/ On Lettuce Leaf LS Wheat Thins Orange Rice Pudding	13 Mid Summer Chicken Salad, Italian Dressing, Bread Stick Mandarin Oranges Cookie	14 
15 DAS # 83 Tues.	16 Chili Mac. Casserole Spinach Salad Garlic Bread Jell-O with Mandarin Oranges	17 Turkey Pot Pie Mixed Green Salad Italian Dressing WW Bread/Margarine Baked Apple	18 Cheeseburger/ Bun Tater Tots, Carrot Sticks, Peaches Lettuce/ Tomato/ Onion	19 Vegetable Soup Chefs Salad Lettuce Green Beans Pie, Fruit Juice	20 Mexican Scrambled Eggs Tortilla, Salsa Fresh Fruit, OJ V-8	21
22 DAS #44 Mon.	23 Swiss Steak Baked Potato/Colby /Jack Cheese, Herbed Vegetable Medley, WW Bread, FF Sour Cream, Chives, Margarine, Apple	24 Beef Enchilada Cauliflower, Green Salad, Chips/Salsa Refried Beans Fruit Cocktail	25 Chicken Tetrazzini Broccoli Salad Apricot Mixed Veggie WW Roll/ Margarine	26 Polish Sausage Hoagie Roll, Garden Salad w/Onions & Bell Peppers, Salad Dressing, Potato Wedges, Mixed Fruit	27 Fish Sandwich/ Bun Tater Tots California Blend Vegetable, tarter Sauce, Pears	28 
29 DAS # 33 Tuesday	30 Ham & Swiss Sandwich Carrots/ Peas/Margarine Tater Tots, Oranges	31 Mexican Meatballs, Zucchini Tortilla, Apricots Garden Salad/Caesar Dressing , Rice				

Debby Stevens, Senior Center Manager**Hours of Operation:**

Monday - Thursday 7:00 am – 5:30 pm

Friday 7:30 am – 3:00 pm

\$2.00 Suggested Donation

Monday: Dinner Served 2:30 pm – 3:30 pm

Tuesday- Friday: Lunch Served 11:30 am – 12:30 pm